

## **Guidelines for Global Frackdown prayer 'Cry of the Earth.'**

This prayer was prepared as a response to an invitation issued to all Mercy sisters by Mercy Global Action Network to join with other groups through the world who are organising various events for Global Frackdown day on 19<sup>th</sup> October, 2013, in an alliance with Food and Water Watch.

We offer this prayer as a form of subtle activism. Subtle activism is any form of prayer or meditation that is intended to support collective healing and social change. (see attached article). We felt that this is something all of us can be involved in.

<u>Opening hymn/song.</u> The chant\_' Holy Ground' can be substituted with any song or hymn that celebrates the sacredness of the earth e.g. For the Beauty of the Earth, Spirit of God in the clear running water, How great Thou art etc.

<u>Scripture reading:</u> If you are using this prayer with an interfaith group, you might complement this reading with one from another tradition.

<u>Lament of the earth</u>. This has been written from the perspective of land that has not yet been 'fracked' but is targeted for it. If you live in a place that has already been affected by the misuse of the extractive industries the lament can be re-written to account for that. You might also include an animal that is indigenous to you.

The response Ochon, ochon is ochon O! is in the Irish language. It is followed by the English translation. You might like to translate it into your own language.

Different voices can read the various parts. If you are working with young people, you might dramatize this piece.

<u>Guided Mediation/contemplative pause.</u> As this is meant to be led by one person, if you are praying with a large community, only the leader needs a copy of the meditation.

Some communities might want to have twenty minutes silent meditation instead of this guided one, keeping in mind that the intention is to hold the earth and all its beings in compassion.

<u>Final prayer</u>: This prayer for <u>Global Restoration</u> can also be a stand alone prayer if communities do not want to use the full prayer. If you are using it in this form you might like to leave a copy in the prayer room or chapel and invite sisters to light a candle and pray this prayer at whatever time during the day suits them.

If you have queries please feel free to contact any of one of use. Our emails are below.

Should you adopt this prayer for your own particular situation, we would be love to hear how you have creatively evolved it.

## BLESSINGS



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